



CUCHA CARVALHEIRO

height 159cm | jacket M/L | shirt M/L
pants 40/42 | shoes EU38

TERESA.AMARAL.PROD@OUTLOOK.PT

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CUCHA CARVALHEIRO

Actress/Stage Director

TRAINING

2007 | Workshop with Veena Pani Chawia – Indian Psycho-Physical Techniques for Portuguese Actors. Convento da Arrábida.

1984 | Course L' acteur et son clown, directed by Pierre Byland. Centre Kyron. Paris

1980 | Attendance at the actor development course directed by Adolfo Gutkin, Fundação Calouste Gulbenkian/Casa da Madeira, Lisboa.

1974-1975 | Pedagogical Internship of the 1st group of Preparatory Education.

1973 | Pedagogical Sciences Course at the University of Lisbon

1972 | Degree in Philosophy from the University of Lisbon

PROFESSIONAL EXPERIENCE AS AN ACTRESS ON TELEVISION

2023 | A Filha, directed by António Borges Correia

2022 | Quero é Viver, soap opera – Plural Entertainment/TVI

2021 | 3 Mulheres – Season 2, directed by Fernando Vendrell – RTP 1

2019 | Bem me Quer, soap opera – Plural Entertainment/TVI

2017 | 3 Mulheres, directed by Fernando Vendrell – RTP 1

2013 | A Única Mulher, soap opera – Plural Entertainment/TVI

2012 | A Morte dos Tolos, RTP TV movie, directed by Henrique Oliveira

2012 | O Marceneiro, TV movie, directed by Lourenço de Mello, TVI

2012 | Depois do Adeus, RTP series, directed by Patrícia Sequeira

2011 | Noite de Paz, RTP TV movie, directed by Jorge Cardoso

2009 | A Flor do Mar, soap opera – Plural Entertainment/TVI

2009 | 37, TVI series

2007 | Vingança, SIC soap opera

2004 | Baía das Mulheres, TVI soap opera

2002 | O Olhar da Serpente, SIC soap opera

2002 | O Processo dos Távoras, RTP series

2000 | Contas do Morto, TV movie by Rita Nunes - RTP

2000 | A Febre do Ouro Negro, RTP series

1998 | Os Lobos, RTP soap opera

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PROFESSIONAL EXPERIENCE AS AN ACTRESS ON TELEVISION

1997 | Ballet Rose, RTP series

1997 | A Grande Aposta, RTP soap opera

1994 | Carga Infernal, TV movie by Fernando de Almeida e Silva.

1994 | A Visita da Velha Senhora by Friedrich Durenmatt (theater for television), directed by Artur Ramos.

1994 | Na Paz dos Anjos, RTP soap opera

1993 | Oito Mulheres, by Robert Thomas (theater for television), directed by Hélder Duarte.

1992 | Esfera Ki, RTP series

1990 | Dulcineia ou a Última Aventura de D. Quixote, by Carlos Selvagem (theater for television), directed by Artur Ramos.

1986 | Darkness Covers the World, Anténne 2, NDR and RTP series

1986 | Embalagem Perdida, by Vera Feyder (theater for television), directed by Manuel Oliveira e Costa.

1978 | A Cidade de Catavento, RTP series

FILM

2021 | Safe Only, by Diogo Costa Amarante

2021 | O Vento Assobiando nas Gruas, feature film by Jeanne Waltz, adapted from the novel by Lídia Jorge.

2018 | Se Poirot Estivesse Aqui, short film by Vera Casaca.

2017 | Portugal Não Está À Venda, by André Badalo.

2006 | Viúva Rica, Solteira Não Fica, by José Fonseca e Costa.

2003 | O Meu Sósia e Eu, TV movie by Tiago Guedes.

2003 | O Fascínio, by José Fonseca e Costa

2002 | A Costureira que Engoliu um Alfinete, short film by Rita Palma.

1998 | O Anjo da Guarda, by Margarida Gil.

1996 | Cinco Dias Cinco Noites, by José Fonseca e Costa.

1992 | Adeus, Princesa, by Jorge Paixão da Costa

1990 | Os Cornos de Cronos, by José Fonseca e Costa.

1989 | Uma Mulher Livre, TV movie by Luís Filipe Costa.

1989 | Jaz Morto e Arrefece, TV movie by Luís Filipe Costa

1986 | Balada da Praia dos Cães, by José Fonseca e Costa.

1981 | Silvestre, by João César Monteiro.

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THEATER

2024 | “A Senhora de Dubuque” – by Edward Albee, directed by Álvaro Correia, Teatro da Trindade

2023 | Fonte de Raiva, directed by Sandra Faleiro, Causas Comuns – Teatro Municipal São Luiz

2023 | Lindos Dias (Happy Days), by Samuel Beckett, directed by Sandra Faleiro, Causas Comuns (Teatro Municipal de São Luiz)

2020 | O Cerejal, by Anton Tchekhov, directed by Sandra Faleiro, Causas Comuns – Teatro Municipal São Luiz

2019 | O Dia do Juízo, by Horvath, directed by Cristina Carvalhal, Causas Comuns (Teatro Municipal de São Luiz and Teatro Nacional de São João)

2019 | Gertrude Stein e Acompanhante, by Win Wells, directed by Fernanda Lapa, Escola de Mulheres (Teatro Municipal de São Luiz)

2018 | Lindos Dias (Happy Days), by Samuel Beckett, directed by Sandra Faleiro, Causas Comuns (Teatro Municipal de São Luiz)

2017 | Elizabeth Costello, by J.M. Coetze, directed by Cristina Carvalhal, Causas Comuns (Culturgest and Teatro Nacional de S.João)

2017 | Cândida ou o Pessimismo, by Cucha Carvalho, directed by Fernanda Lapa (Escola de Mulheres)

2017 | Encontrar o Sol, by Edward Albee, directed by Ricardo Neves Neves, Teatro do Eléctrico (Teatro Municipal de São Luiz)

2015 | O Jardim Zoológico de Cristal, by Tennessee Williams, directed by Sandra Faleiro, Causas Comuns (Teatro Municipal de São Luiz)

2013 | Mar Me Quer, by Mia Couto, directed by Natália Luiza (Teatro Meridional)

2013 | À Vossa Vontade, by W. Shakespeare, directed by Álvaro Correia (Teatro Nacional D.Maria II)

2011 | Casamento em Jogo, by Edward Albee, directed by Graça P. Corrêa (Teatro da Trindade)

2009 | A Orelha de Deus, by Jenny Schwarz, directed by Cristina Carvalhal, Causas Comuns (Culturgest)

2008 | A Senhora de Sade, by Yukio Mishima, directed by Carlos Pimenta (Centro Cultural de Belém)

2008 | Diz-me como a Chuva..., works by Tennessee Williams, directed by Marta Lapa, Escola de Mulheres (Teatro da Comuna)

2008 | Cândido ou o Optimismo, based on Voltaire, directed by Cristina Carvalhal, Causas Comuns (Teatro Maria Matos)

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THEATER

2005 | A Casa de Bernarda Alba by Federico Garcia Lorca, directed by Ana Luísa Guimarães and Diogo Infante (Teatro Municipal S. Luiz).

2005 | Cosmos by Witold Gombrowicz, directed by Cristina Carvalhal, Causas Comuns (Teatro da Comuna).

2004 | A Cabra ou Quem é Sílvia, by Edward Albee, directed by Álvaro Correia (Teatro da Comuna).

2004 | Dez Dedinhos nas Mãos, Nove Dedinhos nos Pés, by Sue Townsend, directed by Alfredo Brissos (Teatro da Comuna).

2001 | Mar me Quer by Mia Couto, directed by Miguel Seabra and Natália Luiza, Teatro Meridional (Teatro Taborda).

1998 | Está aí Alguém by Cucha Carvalho, directed by Natália Luiza (ACARTE)

1997 | Portas Comunicantes by Alan Ayckbourn, directed by Alfredo Brissos (Teatro da Comuna).

1997 | O Quarto Escuro by Tennessee Williams, directed by Fernando Nascimento (Agência 117).

1996 | Danças a um Deus Pagão by Brian Friel, directed by Rosamaria Rinaldi, Escola de Mulheres (Teatro Maria Matos).

1996 | Os Novos Confessionários – Cabaret Sentimental by Isabel Medina, directed by Isabel Medina, Escola de Mulheres (Teatro da Comuna).

1995 | As Bacantes by Eurípidés, directed by Fernanda Lapa, Escola de Mulheres (ACARTE).

1995 | Leituras Maravilhosas de vários autores, directed by Fernanda Lapa, Escola de Mulheres (ACARTE).

1995 | A Pulga Atrás da Orelha by George Feydeau, directed by João Mota (Teatro da Comuna).

1994 | A Senhora Klein by Nicholas Wright, directed by João Mota (Teatro da Comuna).

1994 | Lisboa, Meu Amor by Francisco Nicholson, directed by Francisco Nicholson (Teatro ABC).

1993 | Aquela Nuvem e Outras by Eugénio de Andrade, directed by Mário Viegas, Companhia Teatral do Chiado (Teatro S. Luiz).

1993 | Njinga-The Queen/King by Carole Lone, directed by Carole Lone (ACARTE).

1992 | Nápoles Milionária by Eduardo di Filippo, directed by Mário Viegas, Companhia teatral do Chiado.

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THEATER

- 1992** | Um Suicídio Colectivo by Pepino di Filippo, directed by Filipe Crawford, Companhia teatral do Chiado
- 1992** | A Arte da Comédia by Eduardo di Filippo, directed by Mário Viegas, Companhia Teatral do Chiado
- 1991** | Terra by Abel Neves, directed by João Mota (Teatro da Comuna).
- 1991** | 2º Festival da Otite by Carlos Paulo, (Teatro da Comuna).
- 1990** | O Estrangeiro em Casa by Richard Démarcy, directed by João Mota (Teatro da Comuna).
- 1989** | A Pécora by Natália Correia, directed by João Mota (Teatro da Comuna).
- 1989** | Os Recrutados by Neil Simon, directed by João Mota (Teatro da Comuna).
- 1989** | Festival da Otite by Carlos Paulo, (Teatro da Comuna).
- 1988** | Édipo-Rei by Sófocles, directed by João Mota (Teatro da Comuna).
- 1988** | O Destino Morreu de Repente by Alves Redol, directed by João Mota (Teatro da Comuna).
- 1987** | O Fidalgo Aprendiz by D. Francisco Manuel de Melo, directed by José Martins (Teatro do Século).
- 1986** | Os Negros by Jean Genet, directed by Rogério de Carvalho (Teatro do Século).
- 1985** | Embalagem Perdida by Vera Feyder, directed by Ricardo Marquez (Instituto Franco-Português), private production by Cucha Carvalho.
- 1984** | A Troca by Paul Claudel, directed by Jean-Pierre Tailhade, Teatro do Mundo (Igreja dos Cardais).
- 1983** | Anno IV, d.C. based on Albert Camus, directed by Manuela de Freitas, teatro do Mundo (T. Nacional D. Maria II).
- 1982** | A Gaivota by Anton Tchekhov, directed by Rogério de Carvalho, Teatro do Mundo (T. Nacional D. Maria II).
- 1981** | Terramoto no Chile by Kleist, directed by Michel Mathieu, Teatro do Mundo (Estufa Fria).
- 1981** | Cogumelos de vários autores, directed by Jorge Listopad, Teatro do Mundo (Teatro Vasco Santana).
- 1980** | O Guardião do Rio, collective creation, directed by Adolf Gutkin, Teatro do Mundo (Teatro Aberto).

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THEATER

1979 | A Saecreta Família, collective creation, directed by Adolf Gutkin, Teatro do Mundo (Teatro S. Luiz).

1978 | A Sapateira Prodigiosa by Federico García Lorca, directed by José Martins, Grupo de Campolide (Sociedade Guilherme Cossul).

1978 | Nascimento, Ascensão e Queda do Menino António, Dirigente por Mérito Próprio, collective creation, directed by Fernando Loureiro, Os faz Tudo (Biblioteca Nacional).

1972 | Um Barco para Ítaca by Manuel Alegre, directed by Ricardo Marquez, Grupo Cénico da Faculdade de Direito de Lisboa

1971 | Os Físicos, by Friedrich Durrenmatt, directed by Federico Wolff, Grupo Cénico da Faculdade de Direito de Lisboa (Teatro Maria Matos).

1970 | Melim 4, collective creation, directed by A.Gutkin, Grupo Cénico da faculdade de Direito de Lisboa (Sociedade Nacional de Belas Artes)

DIRECTION

2017 | À Boleia para Hollywood, by Neil Simon (Teatro da Trindade)

2016 | Actors' direction in A Impostora, TVI soap opera

2015 | Coaching in Poderosas, SIC soap opera

2014 | À Margem, three short plays by Tennessee Williams (Teatro da Comuna)

2014 | Actors' direction in O Beijo do Escorpião, TVI soap opera

2012 | Actors' direction in Depois do Adeus, RTP series

2011 | Mozart e Salieri, by Alexandre Puskin, dramatic reading (Teatro Nacional D.Maria II)

2010 | O Dia dos Prodígios, adaptation by Cucha Carvalho of the novel by Lídia Jorge (Teatro da Trindade)

2009-2013 | Teatro da Trindade direction

2007 | O Grande Teatro do Mundo, by Caldéron de la Barca, with 2nd year students from the Escola Superior de Teatro e Cinema (Auditório João Mota).

2007 | Sonata de Outono, by Ingmar Bergman, in partnership with Fernanda Lapa, Escola de Mulheres (Teatro Municipal de S.Luís)

2006 | Hotel Dos Dois Mundos, by Eric-Emmanuel Schmitt (TNDM II)

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DIRECTION

2002-2004 | Artistic direction of NBP - Video Production

2002 | Actors' direction in O Olhar da Serpente (SIC soap opera).

2001 | Actors' direction in Ganância (SIC soap opera).

2000 | Actors' direction in Ajuste de Contas (RTP soap opera).

2000 | Diz-me como a chuva e deixa-me escutar, O caso das petúnias pisadas, O quarto escuro and A marquesa de Larkspur Lotion, by Tennessee Williams, with the I.A.E. students, I.P.J., Lisboa.

1999 | Segredos de Cozinha, by Lucía Laragione, private production (Auditório Municipal Carlos Paredes).

1996 | Retratos, excerpts from A casa de Bernarda Alba, by Federico Garcia Lorca, with 2nd year students from Ballet-Teatro (Ballet -Teatro, Porto).

1995 | Presentation of Escola de Mulheres, several authors (S.P.A)

1987-1993 | A Gota de Mel, by Léon Chancerel, Retábulo das Maravilhas, by Cervantes, O Urso e O pedido de casamento, by Anton Tchekhov, Zaca-Zaca by António Torrado, Quem Bem Tem e Mal Escolhe based on Gil Vicente, Grupo Amador do INMG Boas Abertas, Lisboa.

1986 | Memórias de um corpo, by José Figueiredo Martins (Teatro do Século).

AUTHORSHIP

2022 | Fonte da Raiva, play

2020 | Doce, RTP series (co-authorship with Patrícia Sequeira and Filipa Martins)

2017 | Cândida ou o Pessimismo, theatrical monologue, Escola de Mulheres

2010 | O Dia dos Prodígios, theater adaptation of the novel of the same name by Lídia Jorge

2008 | Cândido ou o Optimismo, based on Voltaire, free adaptation for theater, Teatro Maria Matos.

1998 | Está aí alguém?, theatrical monologue published by Edições Cotovia, subject of staged readings in French at the Mousson d'été 2001 (organized by the Maison Européenne des Ecritures Contemporaines) and at the Mostra de Novo Teatro Português at the Comédie Française, in Paris (2002), translated by Pierre L'Eglise Costa.

1988 | Adaptation for a television series of the novel A Malta do 2°C by Catarina Fonseca, in partnership with Carlos Paulo.

1983 | Aventuras e Desventuras de Deuses, Gigantes e Heróis, in partnership with Gabriela Morais, Edições ASA

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TRAINER

2016-2017 | Acting Teacher at AMA (Academia Mundo das Artes)

2007 | Acting Teacher on the Theater course (2nd year) at the Escola Superior de Teatro e Cinema

2003-2004 | Pedagogical Coordination of Oficinatores, NBP/Media Capital actors training school.

2000-2001 | Acting Teacher, at the Actors Training Course at Universidade Moderna

1999-2001 | Theatrical Expression and Communication Teacher in the discipline of Applied Creativity in Communication, led by Professor Fernando Cardoso (Escola Superior de Comunicação Social de Lisboa).

1999 | Acting and Theater Workshop Teacher at Instituto de Artes do Espectáculo (Lisboa).

1997 | Co-authorship of the África, Conhecer, Tolerar project, a collection of teaching materials aimed at enhancing African Culture, promoted by Fundação Civitas.

1996 | Acting Teacher, 2nd year students, at Escola Profissional Ballet-Teatro (Porto).

1982 | Author of História de Portugal, a school manual for the 2nd year of Preparatory Education, in partnership with Maria do Céu Roldão (Texto Editora).

1981 | Author of Estudos Sociais, a school manual for the 1st year of Preparatory Education, in partnership with Maria do Céu Roldão (Texto Editora).

1977-1980 | Co-authorship of experimental school programs for the subjects of History and Social Studies and supervision of their implementation at national level.

1975-1977 | Internship advisor for History and Social Studies subjects.

1973-1982 | Teacher of the 1st Group of Preparatory Education.

TRANSLATION

2006 | Hotel Dos Dois Mundos, by Eric-Emmanuel Schmitt.

2001 | Eu Sei que Vou Te Amar, by Arnaldo Jabor (in partnership with Cristina Carvalhal).

1999 | Segredos de Cozinha, by Lucía Laragione.

1995 | A Pulga atrás da orelha, by G.Feydeau (in partnership with Manuela Couto).

1992 | Má sorte ter sido puta, by John Ford

1985 | Embalagem Perdida, by Vera Feyder (in partnership with R.Lino).

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AWARDS

2021 | Cin Euphoria Awards – Honorary Career Award

2009 | Troféu TV 7 Dias – Best actress in series for the performance in “37”

2005 | Globo de Ouro – Best Theater Actress, for the performance in A Cabra, ou quem é Silvia, by Edward Albee

1998 | Literature Award from Bar Procópio, for the authorship of “Está aí Alguém?”

1985 | Revista Mulheres Award (Theater), for the performance in “Embalagem Perdida” by Vera Feyder

1985 | Sete de Ouro (Newcomer - Theater Actress), for the performance in Embalagem Perdida, by Vera Feyder

1985 | Troféu Nova Gente (Newcomer - Theater Actress), for the performance in Embalagem Perdida, by Vera Feyder

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